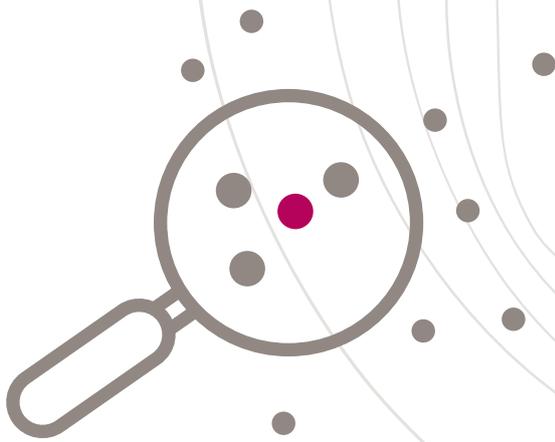


MLD is a life-threatening disease now treatable

Think MLD

Test early – Refer urgently

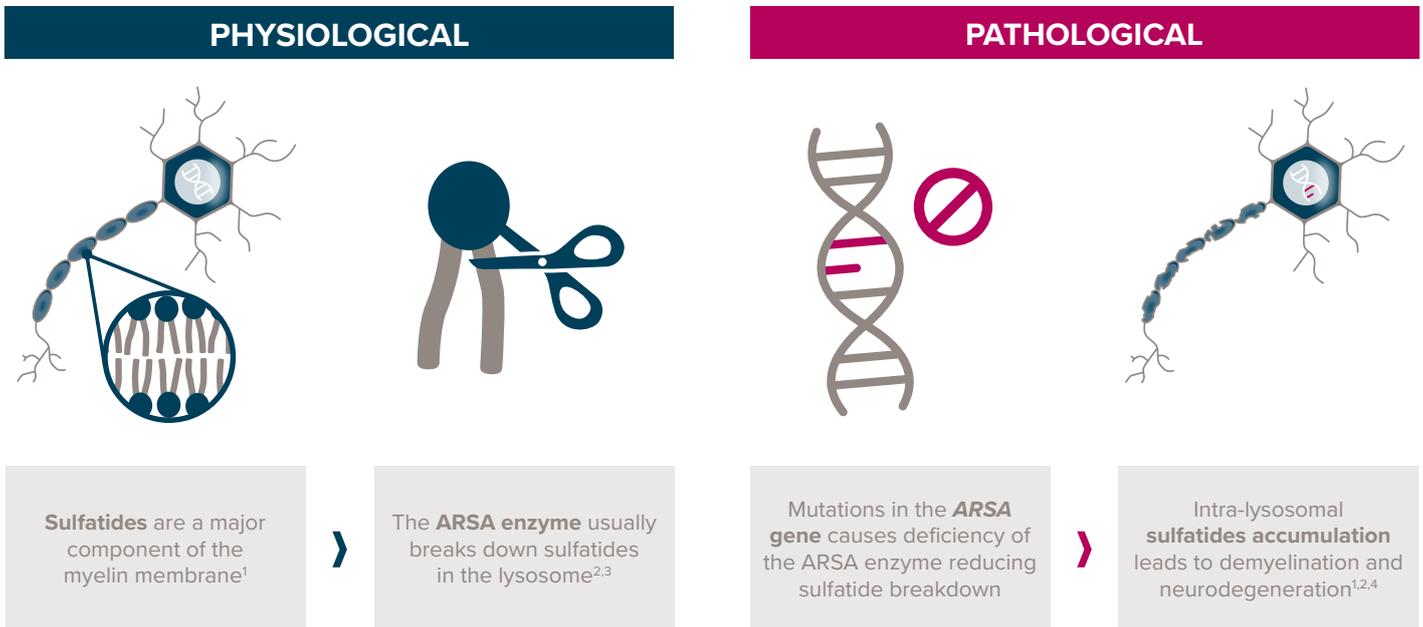
Screen siblings



How to identify and diagnose **MLD** patients earlier and faster?

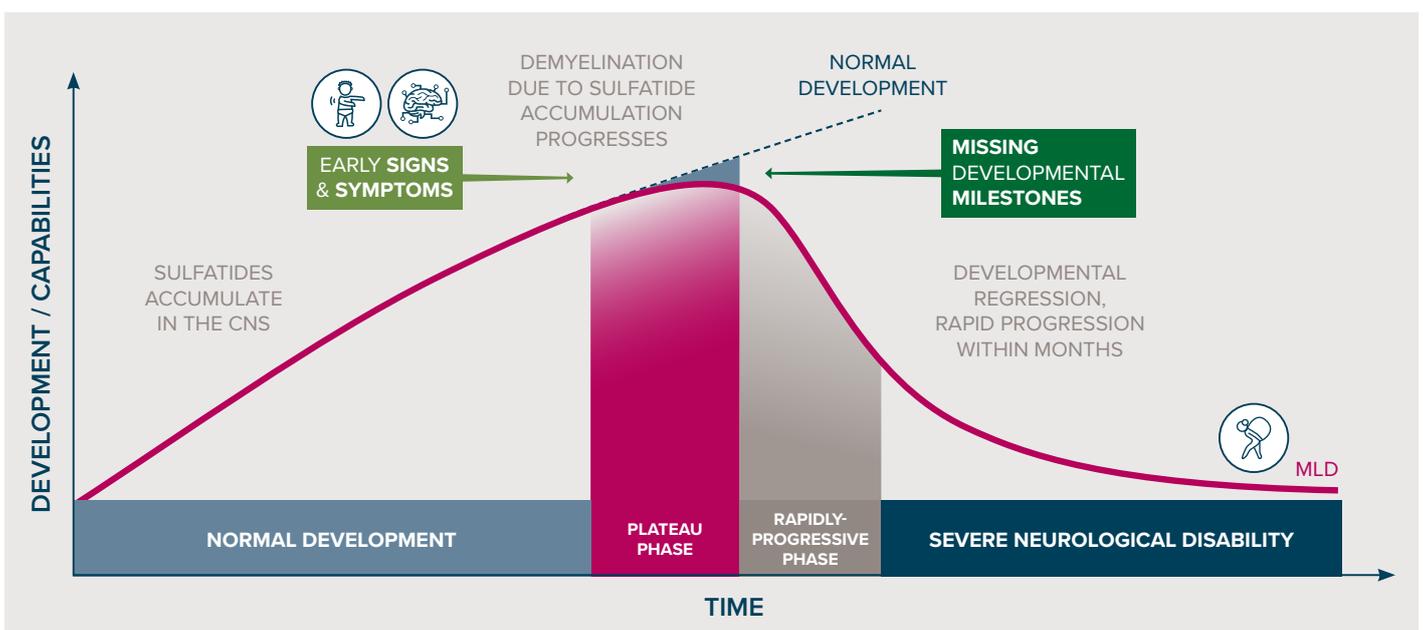
Metachromatic Leukodystrophy (MLD) is a rare, fatal and inherited neurometabolic disease causing progressive demyelination and neurodegeneration.

MLD causes progressive demyelination and neurodegeneration



Autosomal-recessive genetic disease caused by a deficiency of arylsulfatase A (ARSA) enzyme¹⁻³

Clinical course of MLD



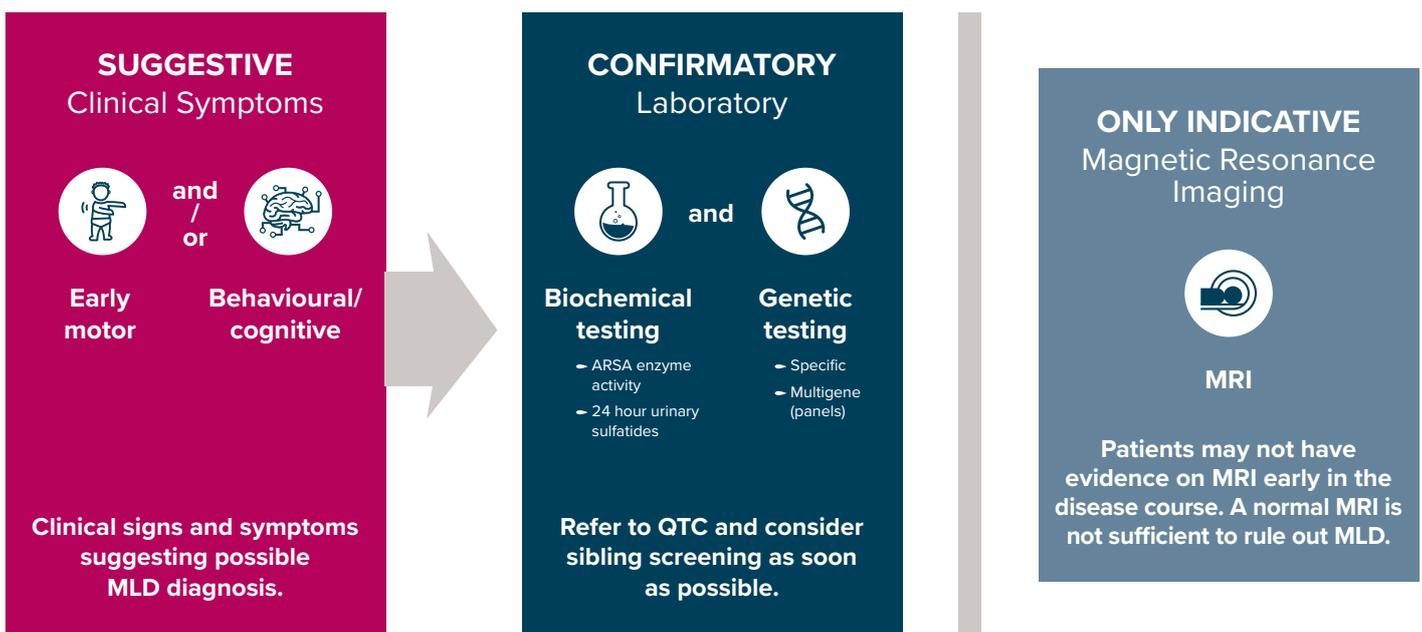
Symptoms, age of onset and disease course vary, patients progress to severe neuromotor and cognitive disability and death^{2,4-6}

Recognition of early symptoms of MLD

		LATE INFANTILE MLD	JUVENILE MLD
First Signs		<30 months	30 months – 16 years
EARLY SYMPTOMS (selected)			
Motor 	Hypotonia	✓	
	Weakness	✓	
	Frequent falls	✓	
	Gait disturbances	✓	✓
	Abnormal movement patterns	✓	✓
Neuromotor and cognitive development	Missing milestones	✓	✓
	General regression	✓	✓
Cognitive 	Cognitive decline (school performance)		✓
	Speech difficulties		✓
	Behavioural changes (education problems)		✓
Trigger		MOTOR	MOTOR/COGNITIVE
Time to diagnosis		12 months	24 months

➤ Early symptoms are difficult to recognise, missing developmental milestones and general neuromotor and cognitive regression should stimulate further investigations⁷

How to diagnose symptomatic MLD?

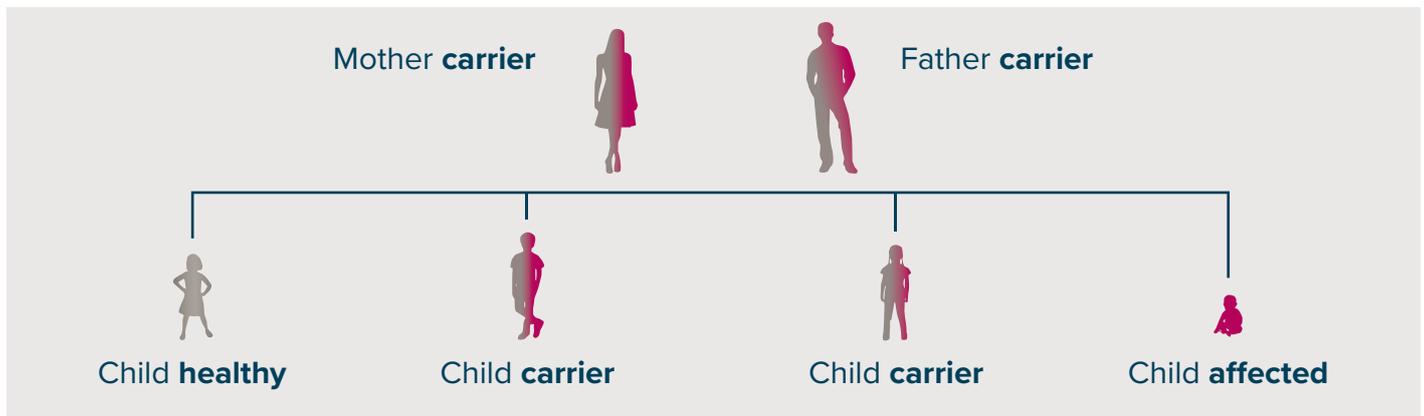


➤ Blood ARSA levels should be used as screening tool once milestones are missed or general regression occurs⁸

Every day counts – identify MLD patients earlier

Expediting diagnosis – the 5 things to do

- Educate referral network to overcome “wait and see” mentality in the first line
- Symptomatic patients: expedited referral to a Neuropaediatrician is critical
- Confirming MLD diagnosis quickly can improve prognosis, especially in patients that can be treated
- **Pre-symptomatic patients: a family screening is urgently recommended to identify affected but still asymptomatic or early symptomatic unknown siblings**
- Counseling on family planning for affected families



Differential diagnosis: neurodevelopmental delay

Many other neurodegenerative diseases can mimic MLD⁷

- Elevated sulfatides or sulfatide accumulation
 - Multiple sulfatase deficiency (onset at 1 – 4 years, MLD-like clinical picture/MPS-like features, very low ARSA enzyme activity)
 - Saposin B deficiency (variable onset: MLD-like clinical picture, ARSA enzyme activity in normal range)
- Progressive degenerative disorders that manifest after a period of normal development
 - Krabbe disease, x-linked adrenoleukodystrophy, Pelizeus-Merzbacher disease, Alexander disease, Fucosidosis, Canavan disease, Gangliosidosis, Mucopolysaccharidoses
- Other genetic disorders for which neuromotor delays may be a presenting feature
 - Angelman syndrome, Becker muscular dystrophy, Fragile X syndrome, Mitochondrial myopathies, Noonan syndrome, Spinal muscular atrophy

References:

1. Kreysing J, et al. *Am J Hum Genet* 1993;**53**:339-346. 2. Rosenberg JB, et al. *J Neurosci Res* 2016;**94**(11):1169-79. 3. Kovacs E, et al. *Acta Med Marisiensis* 2015;**61**(3):233-235. 4. Patil S, Maegawa GHB. *Drug Des Devel Ther* 2013;**7**:729-745. 5. Ferreira CR, Gahl WA. *Transl Sci Rare Dis* 2017;**2**(1-2):1-71. 6. Gieselmann V, Krägeloh-Mann I. *Neuropediatrics* 2010;**41**(1):1-6. 7. von Figura K, Gieselmann V, Jaeken J. Metachromatic leukodystrophy 2001. In: The metabolic and molecular bases of inherited disease, Vol. 3, 8th ed. New York, NY: McGraw-Hill; 2001:3695-3724. 8. Parikh S, et al. *Mol Genet Metab* 2015;**114**:501-515. *The Global Leukodystrophy Initiative GLIA Consortium.